ETELÄ-HAAGA
HUOPALAHTI
TALINRANTA
MUNKKIVUORI
PIKKU HUOPALAHTI
E12
1
MUNKKINIEMI
Laajalahti
PASILA
Pasilankatu
Veturitie
KÄPYLÄ
Intiankatu
E75
Koskelantie
TOUKOLA
Lammassaari
ARABIANRANTA
Vanhankaupunginselkä
Mäkelänkatu
Hämeentie
Teollisuuskatu
VALLILA
ALPPILA
MEILAHTI
LAAKSO
Pacluksenkatu
Topeliuksenkatu
Helsinginkatu
SÖRNÄINEN
170
Kulosaari
KULOSAARI
Kuusisaari
Seurasaari
TAKA-TÖÖLÖ
TÖÖLÖ
KALLIO
MERIHAKA
LEHTISAARI
KASKISAARI
Seurasaarenselkä
Konungsviken
Mechelininkatu
Runebergink
Helsinki
LAPINLAHTI
KAMPPI CENTRE
KATAJANOKKA
KRUUNUV
51
RUOHOLAHTI
SALMISAARI
Lönnrotinkatu
PUNAVUORI
Helsinki (Katajanokka) - Ahvenanmaa (Maarianhamina)
Helsinki (Eteläsatama) - Ahvenanmaa (Maarianhamina)
Kruunuvuorenselkä
Lauttasaarentie
Isokaari
Lauttasaari
Jätkäsaari
ULLANLINNA
EIRA
Merikatu
VATTUNIEMI
MUNKKISAARI
HERNESAARI
SUOMENLINNA

maphelp.org

Easy to download, print, share, & give away.

- **Shelter**
- **Restrooms**
- **Water**
- **Food**
- **Clothes**
- **Food bank**
- **Outreach**
- **Legal Svc**
- **Info**
- **Access**
- **Church**
- **Hostel**
- **Hospital**
- **Bus**
- **Police**
- **Fire Rescue**

Here are places you can find help.

Helsinki Homeless Resources

• Foodaid.fi — live map of free meals & food bag lines across Helsinki and Finland.

• Helsinki Parishes — emergency beds for special groups + food aid lists.

• Hietaniemenkatu Service Centre (City of Helsinki) — meals, showers, health + emergencybeds Hietaniemenkatu 5 B, 00100 Helsinki • Tel. +358 9 310 46628 Showers/sauna & laundry 7:30–13:00 • Emergency housing doors 17:00–03:00; free overnight.

• VVA ry (No Fixed Abode NGO):

• VEPA Day Centre — Ratamestarinkatu 6 • Mon–Fri 9:00–19:00 (Thu split hours)

• Night Centre Kalkkers — Ratamestarinkatu 6 • 22:00–06:00 (winter)

• Tupa Temporary Accommodation — Topparikuja 7, phone 044 792 4650.

• Salvation Army (Pelastusarmeija) — meals & food aid at Uudenmaankatu 40 and Castréninkatu 24.

• Helsinki Orthodox Parish Diaconia Meal — Unioninkatu 39, Tue 12:00–13:00, 1 € meal.

Hietaniemenkatu Service Centre Hietaniemenkatu 5, 00100 Helsinki
Type: Emergency Night Shelter, Meals, Hygiene, Hours: 17:00–09:00 (overnight stays, breakfast included)
Tel: +358 9 3105 1630

Lauttasaari Emergency Housing
Heikkiläntie 4, 00210 Helsinki
Type: Emergency Housing for Individuals / Couples
Hours: Nightly access

Kornetintie Shelter (Undocumented Migrants)
Kornetintie 10, 00380 Helsinki Vailla vkinaista asuntoa ry (VVA)

Kyläsaarenkatu 8, 00580 Helsinki
Type: Day Center, Outreach Work, Housing Advice
Web: vvary.fi/in-english
Sininauha Oy

Paakaupunginturvakoti – Hertta Shelter
Kytösuontie 9, 00710 Helsinki
Type: Domestic Violence Shelter, Housing Support

Paakaupunginturvakoti – Tilkka Shelter
Mannerheimintie 164, 00300 Helsinki
Type: Domestic Violence Shelter

Y-Säätiö (Y-Foundation)
Various locations (Housing First Apartments)
Type: Long-term Housing, Housing First Model

Moniheli ry – Katto Helpdesk
Lintulahdenkatu 10, 00500 Helsinki
Type: Housing Advice (Multilingual), Rental Support

Nokia -- Tampere

• Pirkanmaa Wellbeing Area — Tampere Emergency Accommodation (24/7) Väkipyöränkatu 9, 33720 Tampere • Walk-in OK • Phone: 040 801 2799.

• Nokia Parish Diaconia – Toivo office, Välikatu 21 • Call 046 922 9058 (morning hours) for food/aid.

• Salvation Army Tampere — Satakunnankatu 27 • Tel. 044 7577 918 • Community meals.

• Sininauhakoti Tampere — substance use drop-in, housing support • Tursonkatu 6, Tampere.

• Tampere Emergency Accommodation (Asumispäivystys) Väkipyöränkatu 9, 33720 Tampere • Open 24/7 • Tel. 040 801 2799 / 044 745 9148 Provides crisis beds, free breakfast and evening snack; lunch & dinner at low cost. Showers and laundry available.

• Tampere Housing Advisory Services
Free advice on rental issues, evictions, housing rights. Provides referrals to other services.
See: tampere.fi/asuminen

• Aspa (Supported Housing) Supports independent living and daily life skills in Tampere. Staff available Mon–Fri 8:00–18:00.

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